

## CACFP Activity

**This activity allows you to practice completing a production record, a requirement of the child and adult care food program. Complete the activity on three different levels. The varying levels allow you to familiarize yourself with production records in the first level to creating meals and completing a production record in the final level.**

Level 1: Review a production record for a lunch (See the production record below)

Level 2: Create a meal and complete production record for a lunch (Write out your meal for lunch below)

Level 3: Create a meal and complete production record for 3 meals (Write out your meals for breakfast, snack, and lunch below)

### Child Care Production Record

<b>BREAKFAST (Select all components)</b>	<b>Menu</b>	<b># of children Age 1-2</b>	<b># x Food Amount</b>	<b>Amount prepare for Age 1-2</b>	<b># of children Age 3-5</b>	<b># x Food Amount</b>	<b>Amount prepare for Age 3-5</b>	<b>Total Prepare (Add amt age 1-2 + age 3-5)</b>	<b>Number of Children Served</b>	
<b>Milk/Fluid (Offer 1 serving)</b>			x 1/2 cup			x 3/4 cup				
<b>Vegetable &amp; Fruit (Offer 1 or more serving)</b>										
Vegetable or Fruit			x 1/4 cup			x 1/2 cup				
<b>Bread/Bread Alternative (Offer 1 serving)</b>										
Enriched or whole grain			x 1/2 slice			x 1/2 slice				
Cereal (cold/dry)			x 1/4 cup			x 1/3 cup				
Cooked pasta/noodle			x 1/4 cup			x 1/4 cup				
Cooked cereal/grains			x 1/4 cup			x 1/4 cup				
<b>SNACK (Select 2 of the four components)</b>	<b>Menu</b>	<b>Age 1-2</b>	<b>x Factor</b>	<b>Amt for 1-2</b>	<b>Age 3-5</b>	<b>x Factor</b>	<b>Amt for 3-5</b>	<b>Amt to Prepare</b>		<b>Number of Children Served</b>
<b>Milk/Fluid (Offer 1 serving)</b>			x 1/2 cup			x 1/2 cup				
<b>Vegetable &amp; Fruit (Offer 1 or more serving)</b>										
Vegetable or Fruit			x 1/2 cup			x 1/2 cup				
<b>Bread/Bread Alternative (Offer 1 serving)</b>										
Enriched ro whole grain			x 1/2 slice			x 1/2 slice				
Creal (cold/dry)			x 1/4 cup			x 1/3 cup				
Cooked cereal/grains			x 1/4 cup			x 1/4 cup				
<b>Meat/Meat Alternative (Offer 1 serving)</b>										
Lean meat/poultry/fish			x 1/2 oz			x 1/2 oz				
Cheese			x 1/2 oz			x 1/2 oz				
Eggs			x 1/2 egg			x 1/2 egg				
Cooked dry beans/peas			x 1/8 cup			x 1/8 cup				

Peanut butter/soy or seed butter			x 1 tbsp			x 1 tbsp			
Peanut/soynut/ tree nut/seeds			x 1/2 oz			x 1/2 oz			
Yogurt			x 1/4 cup			x 1/4 cup			
<b>LUNCH or SUPPER (Select all components)</b>	<b>Menu</b>	<b>Age 1-2</b>	<b>x Factor</b>	<b>Amt for 1-2</b>	<b>Age 3-5</b>	<b>x Factor</b>	<b>Amt for 3-5</b>	<b>Amt to Prepare</b>	<b>Number of Children Served</b>
<b>Milk/Fluid (offer 1 serving)</b>			x 1/2 cup			x 3/4 cup			
<b>Vegetable &amp; Fruit (Offer 2 or more serving)</b>									
Vegetable or Fruit			1/4 cup			1/2 cup			
Vegetable or Fruit			1/4 cup			1/2 cup			
<b>Bread/Bread Alternative (choose 1)</b>									
Enriched or whole grain			1/2 slice			1/2 slice			
Cereal (cold/dry)			1/4 cup			1/3 cup			
Cooked pasta/noodles			1/4 cup			1/4 cup			
Cooked cereal/grains			1/4 cup			1/4 cup			
<b>Meat/Meat Alternative (choose 1)</b>									
Lean meat/poultry/fish			1 oz			1 1/2 oz			
Cheese			1 oz			1 1/2 oz			
Eggs			1/2 egg			3/4 egg			
Cooked dry beans/peas			1/4 cup			3/8 cup			
Peanut butter/soy or seed butter			2 tbsp			3 tbsp			
Peanut/soy nut/ tree nut/ seeds			1/2 oz			3/4 oz			
Yogurt			1/2 cup			3/4 cup			

- Refer to USDA CACFP guidelines for further information at <http://www.fns.usda.gov/cnd/Care/>