

Child, Family, and Consumer Studies

FAMILY AND CONSUMER SCIENCES EDUCATION OPTION

Promote personal growth and leadership development in youth through family and consumer sciences education.

THIS MAJOR IS A GOOD FIT IF YOU CAN SEE YOURSELF:

PROVIDING YOUNG PEOPLE with life lessons that contribute to their creative and critical thinking

HELPING YOUNG PEOPLE develop a sense of community and global citizenship

TAKING A HANDS-ON approach to improving quality of life for others

This option prepares you to become a secondary school teacher of family and consumer sciences. Teach young people the knowledge and skills that foster healthy families and communities. Equip them with tools to develop enriching relationships and to manage time, money, work, and family. Help them to be wise consumers of products and media. Equip them with the skills to address the needs of others in the community and the world. Teach principles of sustainable living to empower people to make “greener” choices.

Before you student teach, you must be accepted into the teacher certification program in the UI College of Education during spring of your junior year. Upon graduation, apply for certification as a family and consumer sciences teacher in Idaho.

INSIDE THE CLASSROOM

In class, study psychology and human development. Learn how young people grow and learn. Explore educational theories and strategies. Practice developing coursework and activities that provide young people with new skills and leadership opportunities. Study nutrition. Learn to use budgeting software for households and businesses. Senior year, take over a classroom for 16 weeks as a student teacher in a junior or senior high school.

OUTSIDE THE CLASSROOM

INTERN. Get practical experiences like these: HIGH SCHOOL Teach leadership skills to juniors and seniors . . . CONSUMER CREDIT AGENCY Meet with families to help them develop household budgets . . . YOUTH CENTER Write a grant proposal for a program to address anger in girls.

STUDY ABROAD. Deepen your understanding of your major—and the world—in countries like these: MEXICO Visit a youth center . . . INDIA Explore the difference between public and private schools . . . TAIWAN Observe a middle school classroom and meet the teachers.

VOLUNTEER. Make a difference. Tutor at a local school. Organize professional development workshops for teens. Mentor an at-risk child.

DO RESEARCH. Assist in a faculty research project. Develop and evaluate lesson plans to teach middle-school students about navigating media messages. Administer surveys for a study on how single parents balance work and family. Help determine the results of an abstinence-only program for teens.

GET INVOLVED. Network and have fun. FAMILY AND CONSUMER SCIENCES CLUB Join the student branch. Attend an annual state conference, and meet professionals in the field . . . FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA Attend national and state leadership conferences . . . PHI UPSILON OMICRON Join the national honor society in family and consumer sciences.

FASTFACT

A nationwide shortage of family and consumer sciences teachers means job opportunities abound.

CAREER OPPORTUNITIES

Most graduates become family and consumer sciences teachers in junior or senior high schools. Others work for community development organizations, government agencies, or private companies.

Here are a few possibilities:

FAMILY AND CONSUMER SCIENCES EDUCATOR. Teach and develop curriculum that helps young people make healthy and sustainable choices about relationships, children, nutrition, finances, and housing.

DIRECTOR. Own and operate your own child care center or family child care program.

FAMILY AND CONSUMER SCIENTIST. Help people manage the challenges of life and work. Organize programs and services to address the needs of diverse individuals and families. Educate consumers about their rights and responsibilities.

FINANCIAL COUNSELOR. Help individuals and families make sound decisions about money management, banking, investments, insurance, and taxes.

FAMILY ADVOCATE. Work for a nonprofit organization or foundation to promote laws and programs that improve life for families.

COMBINE YOUR EDUCATION. Take courses in a foreign language, education, or psychology.

CONTINUE YOUR EDUCATION. Earn an advanced degree in family and consumer sciences, education, law, or environmental science.

FIND OUT MORE ABOUT THE UNIVERSITY OF IDAHO CHILD, FAMILY, AND CONSUMER STUDIES MAJOR

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	FRESHMAN	SOPHOMORE	JUNIOR	SENIOR	
FALL	CORE 103-149 4 Core Discovery Course	Art 100 3 Visual Art	Econ 201 3 Principles of Economics	FCS 461 3 Methods & Teaching Strategies in FCS Education	
	Engl 101 3 Intro. to College Writing (if required) or Elective 3	ED 201 3 Diverse Learners in Schools & Social/Cultural Contexts	ED 302 3 Curriculum Instruction & Assessment Strategies	FCS 465 3 Intro. to FCS Internship	
	FCS 105 3 Individual & Family Development	FCS 123 3 Textiles or FCS 223 3 Evaluation of Apparel & Textiles	EDCI 463 3 Literacy Methods for Content Reading	PTTE 445 2 Orientation to Teaching	
	FCS 170 3 Introductory Foods	FCS 334 3 Middle Childhood-Adolescence or FCS 234 3 Infancy & Early Childhood	FCS 350 3 Curriculum Development in FCS Education	PTTE 461 2 Using Internet-Based Career Information in the Classroom	
	FCS 175 1 Introductory Foods Lab	Soc 101 3 Intro. to Sociology	FCS 448 3 Consumer Economic Issues	PTTE 464 3 Career Guidance & Transitioning to Work	
	MATH/STAT 3 Elective—Math or Statistics	Elective 3 Elective—Teaching Minor or Humanities or International Electives	PTTE 351 3 Principles & Philosophy of Professional-Technical Education	Electives 3 Teaching Minor or General Electives	
	TOTAL 17	TOTAL 18	TOTAL 18	TOTAL 16	
	SPRING	Comm 101 2 Fundamentals of Public Speaking	ED 301 3 Principles of Learners in Schools & Social/Cultural Contexts	FCS 346 4 Personal & Family Finance & Management	FCS 469 2 Individualized Assessment & Instruction in the FCS Classroom
		CORE 153-199 3 Core Discovery Course	FCS 270 3 Intermediate Foods	FCS 351 2 Administration of FCCLA Organizations	FCS 470 2 Curriculum Portfolio in FCS Education
		CORS 3 Core Science: Integrated Science	PTTE 415 3 Microcomputer Applications or PTTE 416 3 Designing Web Sites Through HTML & Front Page or Passing score on Idaho Technology Assessment	FCS 428 3 Housing America's Families	FCS 471 12 Internship in FCS Education
Engl 102 3 College Writing & Rhetoric		Psych 101 3 Intro. to Psychology	Electives 6 Electives—Teaching Minor or Upper-division Social Science/Humanities or International Electives		
FCS 205 3 Concepts in Human Nutrition		Elective 4 Elective—Natural Science/Lab			
FCS 251 1 Survey of FCS Professions		FCS 440 3 Contemporary Family Relationships			
TOTAL 15		TOTAL 19	TOTAL 15	TOTAL 16	

Total for degree = 132 credits. Course offerings may change from year to year. Always check the current course catalog.

TO LEARN MORE
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"I'll be able to teach students about nutrition, financial literacy, career choices, and global issues and give them the guidance to make informed decisions about these issues once they are adults."

JESSICA NOVAK, child, family, and consumer studies major