

# Child, Family, and Consumer Studies

## Child Development & Family Relations Option

### Why study child development and family relations?

*Are you interested in human development and family issues?*

*Do you want to know how children develop, or understand why adolescents do what they do?*

*Would you like to be specially educated to work with agencies and organizations that focus on children and family issues?*

As a student pursuing the **child development and family relations option**, you will learn how children, youth, adults, and families develop, and how society can support that development.

### Program strengths/highlights

You will study human and family development, strategies for observing children and assessing their development, nutrition, and family resource management. You can expect to learn about families and children through practical experiences in programs that serve children and families. Many students choose a second major to supplement their learning and career goals. You will have flexibility to choose a second major or elective courses to suit your particular interests and goals.

### Faculty and facilities

Our faculty includes experts on personal and family finance, family relationships, and human development. These enthusiastic and experienced faculty will also serve as your academic advisors. At our Child Development Laboratory, you will have opportunities to observe and work with children and families in realistic settings.

### Specialized clubs

Three clubs appeal especially to students in this option. The Family and Consumer Sciences Club, a service organization, promotes leadership, personal and academic growth, and professionalism among its members. Palouse Area Association for the Education of Young Children promotes the welfare of young children and their families in nearby communities. Phi Omicron Nu, an honorary organization, holds social activities, does community service, and hosts guest speakers.

### Career opportunities

**Community services**—Work in a wide variety of programs that provide specialized services to children and families, including programs that focus on family violence, substance abuse, and vocational guidance; youth services in correctional centers, group homes, or mental health centers; grief and loss centers; and family support programs.

**Child care worker**—Support the development and learning of young children in group care settings.

**After-school program coordinator**—Develop and oversee programs to meet the needs of school age children during non-school hours.

**Teen parenting program**—Provide education and support to teen parents before, during, and after childbirth.

**Elder care specialist**—Coordinate programs to provide support to elder individuals at community centers and residential care facilities.

**Parent-child advocate**—Cooperate with parents to facilitate their child's growth, development, and learning.

**Family life educator**—Provide family education at community health centers and social service agencies.

**Child life specialist**—Support children and their families as their medical needs are met in hospitals and other healthcare settings.

**Work-life program specialist**—Provide company employees with resources and referrals for child care, elder care, and other work-life needs.

**Graduate or professional training**—Use this degree as a foundation for graduate programs in family/child advocacy, law, health care, counseling, or social work.

*“The teachers are so welcoming and helpful. They really care about each student individually.”*

**Emily Maasdam, early childhood development and education major**



**University of Idaho**  
**College of Agricultural and Life Sciences**

**The right fit for you.**

**Child Development & Family  
Relations Option**  
4-year plan 2006-07

<b>Fall</b>			<b>Spring</b>		
<b>Freshman</b>					
FCS 105	Individual & Family Development	3		Computer Elective	3
Engl 101	Introduction to College Writing (if required)	3	Engl 102	College Writing & Rhetoric	3
	Core Cluster	3		Natural Science Core	4
	Natural Science Core	4	CORE 153-199	Core Discovery	3
CORE 103-149	Core Discovery	4	FCS 234	Infancy & Early Childhood	3
<b>TOTAL</b>		<b>17</b>	<b>TOTAL</b>		<b>16</b>
<b>Sophomore</b>					
FCS 205	Concepts in Human Nutrition	3	FCS 240	Intimate Relationships	3
FCS 235	Principles & Methods of Child Observation	3	FCS 333	Developmental Curriculum for Young Children	4
Stat 150 or Stat 251	Intro. to Statistics	3	Comm 101	Fundamentals of Public Speaking	2
	Statistical Methods	3		Core Cluster	3
	Core Cluster	3		Electives	6
	Electives	6			
<b>TOTAL</b>		<b>18</b>	<b>TOTAL</b>		<b>18</b>
<b>Junior</b>					
FCS 334	Middle Childhood-Adolescence	3	FCS 346	Personal & Family Finance & Management	4
Ed 201	Diverse Learners in Schools & Social/Cultural Contexts	3	FCS 440	Contemporary Family Relationships	3
FCS 340	Parent-Child Relationships in Family & Community	3	H&S 288	First Aid: Emergency Response	2
	International Core	3		Electives	7
	Electives	5			
<b>TOTAL</b>		<b>17</b>	<b>TOTAL</b>		<b>16</b>
<b>Senior</b>					
FCS 436	Theories of Child & Family Development	3	FCS 498	Internship	9
FCS 497	Practicum	9	or	Electives	9
	Electives	4		Electives	6
<b>TOTAL</b>		<b>17</b>	<b>TOTAL</b>		<b>15</b>

**Note:** Course offerings may change from year to year. Always check the current course catalog.  
132 credits are required for graduation, including 36 credits at the 300 level or above.

**To learn more**  
Call toll free 1.888.8.UIDAHO  
<http://www.uidaho.edu>

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