Mealtimes and the Curriculum
Selected Head Start Outcomes
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INDICATORS

Literacy
Print Awareness
1. Awareness of print in home, classroom, and community.
2. Develops growing understanding of the different functions of forms of print such as signs, letters, newspapers, lists, messages, and menus.

Concepts of Print
3. Demonstrates increasing awareness of concepts of print such as that reading in English moves from top to bottom, left to right, that speech can be written down, and that print conveys a message.

Mathematics
4. Begins to use language to compare numbers of objects with terms such as more, less, greater than, fewer, equal to.

Social-emotional
5. Begins to develop and express awareness of self, in terms of specific abilities, characteristics, and preferences.

ACTIVITY
Think about the partnership triangle of parents, children, and teachers for outcomes and indicators. Write three strategies you might use around mealtimes that will influence one or more of these outcomes.

Write the number of the outcome listed above. Tell the strategy that you might try.